About Us

Staff Leadership

Janet Laatsch RN, MBA  
Chief Executive Officer
Joann Buonomano MD, FAAFP, CPE  
Chief Medical Officer
John Burns CRSW, MBA  
SOS Recovery Director
Georgie Clark  
Family Services Director
Karen Frarie LICSW, MLADC  
Behavioral Health Director (Families First)
Whitney Goode DMD  
Chief Dental Officer
Susan Gordon, LICSW, MLADC  
Behavioral Health Director (Goodwin)
Angela McCann RN, MPH  
QI and Population Health Director
Joann Neumann  
Development Director
Sharlene Poitras  
Chief Information Officer
Erin Ross  
Chief Financial Officer
Tonya Silva RN, BSN  
Clinical Director
Cathy Smith RN, MSN  
Chief Operating Officer
Sherry Trask  
Chief Human Resources Officer
Lara Willard  
Chief Communications Officer

Current Board Of Directors

Executive Committee

Valerie Goodwin  
Chair
Barbara Henry  
Vice Chair
Dennis Veilleux  
Treasurer
Jennifer Glidden  
Secretary

Board Members

Karin Barndollar  
John Pelletier
Mark Boulanger  
Yulia Rothenberg
Don Chick  
Kathy Scheu
Lisa Hall  
Daniel Schwarz, Esq.
Jo Jordon  
Jeffrey Segil, MD
Abigail Karoutas, Esq.  
Jim Sepanski
Allison Neal  
David Staples, DDS

Our Network

Families First

support for families...health care for all
100 Campus Drive
Portsmouth, NH 03801
FamiliesFirstSeacoast.org  |  603.422.8208

Goodwin
Community Health

311 Route 108
Somersworth, NH 03878
GoodwinCH.org  |  603.749.2346

LILAC CITY
PEDIATRICS

180 Farmington Road
Rochester, NH 03867
lilaccity.com  |  603.335.4522

Our Program Partners

SOS RECOVERY COMMUNITY ORGANIZATION
STRAFFORD COUNTY PUBLIC HEALTH NETWORK
A Letter from Our CEO

In response to the changes happening in health care, in 2018 Families First, Goodwin Community Health and Lilac City Pediatrics took the significant leap of becoming a single organization in order to improve patient access, quality and financial sustainability. We are now Greater Seacoast Community Health. We did so while proudly serving about 20,000 of our friends and neighbors in need with affordable preventive health care and access to many family and public-health services. Our organization now has 300 employees dedicated to our newly created mission: **Delivering innovative, compassionate, integrated health services and support that are accessible to all in our community, regardless of ability to pay.**

In coming together as one staff, one board, and one patient community, we have also set a singular vision for our collective work and focus. We invite you to share in promoting our vision: **To provide everyone in our community an opportunity to live a long and healthy life.**

Creating a community where this dream can be realized, I believe, begins with small improvements made every day and bold steps made over time. Our mission and vision are all about creating access to better health for everyone. This requires having the right services, people and technology in place; anticipating rapidly evolving patient needs in an uncertain health care marketplace; and predicting tomorrow’s public-health needs so we can deliver the access and outcomes for which people count on us.

We had many accomplishments in 2018. SOS Recovery Community Organization became the first Recovery Community Organization in the United States to receive an “exemplary” level of accreditation from the Council on Accreditation of Peer Recovery Support Services. Goodwin Community Health was named 2018 Large Non-Profit of the Year by the Greater Dover Chamber of Commerce, and Families First began expanding its renowned and much-loved Family Center programming into Strafford County. Greater Seacoast Community Health received a multi-year federal grant that will infuse $500,000 each year into our budget to help us combat opioid misuse. We are proud of these recognitions and program expansions.

The year 2018 tested our fortitude to embrace our organizational need for stability while adapting to an external health care landscape pressing for change. While we experienced a deficit in 2018, a surplus has been realized for the past three months thanks to the hard work of our board, leadership and staff. We are on a trajectory to thrive in turbulent times within the health care industry and to expand our ability to fulfill our mission for thousands of individuals and families who need us.

I am confident we are progressing in the right direction. I wish to express heartfelt gratitude to you, as part of an incredible community of supporters, partners, employees, volunteers, patients and other clients, for your continuous engagement and trust. Without you, fulfilling our mission and vision would not be possible.

Janet Laatsch, CEO
Greater Seacoast Community Health
Services

Medical Care
- Primary care (family practice and internal medicine)
- Pediatric care
- Prenatal care
- Mobile health care for people with low incomes, including those experiencing homelessness
- Child development screenings
- Breast and cervical cancer screenings
- Nutrition education and counseling
- Education and support for managing chronic diseases

Dental Care
- On-site dentists and hygienists
- School-based education, screening, cleanings, sealants
- Mobile dental care for people with low incomes, including those experiencing homelessness

Behavioral Health Services
- Behavioral health counseling
- Psychiatric care
- Substance abuse counseling
- Medication Assisted Recovery
- Intensive Outpatient Program

Parent & Family Programs
- Parenting classes and groups
- Playgroups and family programs
- In-home support for families under stress
- Support for families with a chronically ill child

and More
- Social work services and care coordination
- Insurance and benefits enrollment
- Women, Infants, and Children nutrition program
- Prescription assistance
- Medication discount program
- On-site pharmacy (at Goodwin)
- Group wellness programs
- Free child care during appointments, groups and parenting classes
- Transportation and translation for appointments

Program Partners
- SOS Recovery Community Organization
- Strafford County Public Health Network

Maryann’s Story

When Maryann was about to open Shear Power hair salon in Somersworth some 20 years ago, she came to us to learn how self-employment would affect her insurance and health care finances. When her mother passed away, she came to us looking for guidance through her grief and found her counselor. As a survivor of cancer, Maryann has worked with her health care team at Goodwin to stay ahead of any potential health risks.

Goodwin has become a trusted resource for Maryann for whole health care, addressing her needs at many stages of life and in many aspects of health, from medical to behavioral to dental. “People need to know how much you offer, how many services you have,” she says.

“It’s nice to have one place to go for everything, a place where the staff know who I am and what I need.”
2018 at a Glance

16,250 medical, dental and behavioral health patients served in 64,309 visits

- 13,316 Primary care patients
- 5,078 Dental patients
- 1,264 Behavioral health patients
- 481 Prenatal patients
- 5,867 Pediatric patients
- 4,911 Mobile health clinic visits

Insurance Coverage

- Medicare 11%
- Private Insurance 36%
- Medicaid 36%
- Uninsured 17%

Where Patients Live

- Rochester 24%
- Somersworth 10%
- Dover 13%
- Other Strafford County 13%
- Portsmouth 10%
- Hampton & Seabrook 6%
- Other Rockingham County 8%
- Other 7%
- Maine 9%

Household Income

- Less than 101% of poverty level 56%
- 101%–199% of poverty level 30%
- 200% of poverty level or higher 14%

- 1,872 people served in parenting/family groups and home visiting
- 10,000 visits made to SOS Recovery Centers
- 9,652 visits made to groups and child care
- $1,072,258 worth of food provided to 1,900 WIC participants
**Financials - audited May 20, 2019**

Year ended December 31, 2018

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### Balance Sheet

**Assets**

<table>
<thead>
<tr>
<th>Current Assets</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
<td>$3,896,813</td>
</tr>
<tr>
<td>Patient accounts receivable, less allowance for uncollectible accounts of $422,413</td>
<td>1,560,698</td>
</tr>
<tr>
<td>Grants receivable</td>
<td>424,642</td>
</tr>
<tr>
<td>Inventory</td>
<td>143,250</td>
</tr>
<tr>
<td>Pledges receivable</td>
<td>263,557</td>
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<tr>
<td>Other current assets</td>
<td>57,987</td>
</tr>
<tr>
<td>Total current assets</td>
<td>6,346,947</td>
</tr>
<tr>
<td>Investments</td>
<td>1,112,982</td>
</tr>
<tr>
<td>Investment in limited liability company</td>
<td>38,201</td>
</tr>
<tr>
<td>Assets limited as to use</td>
<td>1,421,576</td>
</tr>
<tr>
<td>Property and equipment, net</td>
<td>6,107,219</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$15,026,925</td>
</tr>
</tbody>
</table>

**Liabilities**

<table>
<thead>
<tr>
<th>Current Liabilities</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$172,852</td>
</tr>
<tr>
<td>Accrued payroll and related expenses</td>
<td>1,079,463</td>
</tr>
<tr>
<td>Patient deposits</td>
<td>173,105</td>
</tr>
<tr>
<td>Deferred revenue</td>
<td>7,269</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>$1,428,689</td>
</tr>
<tr>
<td>Net Assets</td>
<td></td>
</tr>
<tr>
<td>Without donor restrictions</td>
<td>11,824,495</td>
</tr>
<tr>
<td>With donor restrictions</td>
<td>1,773,741</td>
</tr>
<tr>
<td>Total net assets</td>
<td>13,598,236</td>
</tr>
<tr>
<td>Total Liabilities and Net Assets</td>
<td>$15,026,925</td>
</tr>
</tbody>
</table>

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### Statement of Operations

**Operating revenue and support**

- Patient service revenue: $11,353,111
- Provision for bad debts: (651,700)
- Net patient service revenue: 10,701,411
- Grants, contracts, and contributions: 7,713,908
- Other operating revenue: 368,017
- Net assets released from restriction for operations: 634,931
- Total operating revenue and support: 19,418,267

**Operating expenses**

- Salaries and benefits: 14,715,120
- Other operating expenses: 4,446,874
- Depreciation: 349,661
- Total operating expenses: 19,511,655
- Operating deficit: (93,388)

**Other revenue and (losses)**

- Investment income: 48,204
- Loss on disposal of assets: (6,874)
- Change in fair value of investments: (95,246)
- Total other revenue and (losses): (53,916)
- Deficiency of revenue over expenses and decrease in net assets without donor restrictions: $ (147,304)

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**FACT** 87% of operating expenses are allocated to our programs.

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This page of the annual report was updated in May 2019 to reflect the results of our audit.
Lucas’s Story

Sixteen-year-old Lucas has a disease that causes progressive degeneration of muscles and strength, requiring him to rely on his single mother and his sister to access the bathroom at home. From the strain of lifting Lucas, his mother sustained injuries and had to have surgery and miss work.

Fortunately, the family participates in Partners in Health, which provides resources, advocacy and support to families of children living with a chronic health condition. Family Support Coordinator Gina Apgar worked with Lucas’s family to raise $24,000 through grants and donations and collaborate with the contractor to build a bathroom that Lucas can access with very little help.

Lucas’s Mom wrote: “Both the bathroom and Gina’s dedication has changed our lives. As this awful disease progresses, everything gets harder for both Lucas and me. This bathroom will allow him to have almost total independence in this one part of his life and will ease the tremendous physical burden for me. I have never worked with someone like Gina, someone I felt truly had our backs.”

“Having an accessible bathroom will truly change my life for the better because I will have the independence I’ve wanted. We are very grateful that you pushed this to happen.”

An Eye on Quality

Greater Seacoast Community Health’s clinical staff track hundreds of measures relating to quality of care and patient outcomes, benchmarking them against our past results and against our peer community health centers. For example, our protocol is to give every patient over age 12 a short depression screening annually and have our behavioral health team work with patients who screen positive to put a treatment plan in place. Of about 3,600 patients who screened positive for depression in 2018, three-quarters (74.55%) had a treatment plan in place. In 2017 (the most recent year for which data is available), we exceeded the national average, and the averages in New Hampshire and our three neighboring states, on this measure. We typically see this percentage increase every year.
Supporters

Healthy Futures Leadership Society

The Healthy Futures Leadership Society recognizes individuals and organizations who donated $1,000 or more in 2018. We are grateful for their support.

Individuals & Families

$50,000
NH Charitable Foundation
- Dan and Blythe Brown
Foundation

$20,000 – $40,000
Elizabeth Bauman & Luke Gullick
Thomas Haas
NH Charitable Foundation
- Geoffrey E. Clark
& Martha Fuller Clark Fund
- Josephine A. Lamprey Fund
Bill & Mary Schleyer
The James A. Stanley Trust
Jeannine & Scott Zeller

$10,000 and up
Anonymous friend
Bettiam & Daniel Donahue
Barbara Henry & Nancy Winkley
Douglas Lanier & Susan Walsh / Nat Hwilc Foundation
Kathy Scheu, Lebor Family Foundation

$5,000 and up
Karin & Stephen Barndollar
Ann & David Brussard
George & Mary Donovan
Kathleen & Robert Eberle
Jay & Mary-Pat Gibson
Joan Granlund

NH Charitable Foundation
- Thomas W. Haas Fund
- HBA Fund
- George W. Merck Fund
Barbara Sweet
Alan & Sharon Weston

$2,000 and up
Anonymous friends (3)
Anne & Mike Ambrogi
Gail & Robert Brown
Bill & Cindy Burke
Eric & Jen Chinburg
Heather & Jonathan Clark
Anne de Cossy & Mark Forsyth
Gregory & Sandra DeSisto
Barbara & David Dunfee
Eileen & Robert Eberhart
Bette & David Fitts
Valerie Goodwin & Alan Guy
Dexter & Ellen Legg
MacDonald Family Foundation
Jessica & Paul McKeon
David & Dianne Ness
NH Charitable Foundation
- Patricia C. and Kenneth R. Kendall, Jr. Fund
- Prince/Bergh Family Fund
- John and Mabel Healy Tillinghast Memorial Fund
Dan & Paula Packard
Alan & Anna Quinn
Astrid & Hugo Schieck
Dan & Lisa Schwarz
Lex Scurby
Mark & Sally Stebbins
Nate & Rachel Swanson
Cynthia Taf
Lee & Peter Vandermark

$1,000 and up
Anonymous friends (2)
- in memory of Joyce Grossi (1)
Carol Allen
John & Susan Battye
Gail & Tom Beamer/
The Gleason Family Fund
Cynthia & Robert Bear
Dave & Diane Berkowitz
- in honor of Bill & Mary Schleyer
- in memory of "Marge" Schleyer and "Jennie" Zygala
MJ Blanchette & Brian Cox
Lessa Brill
- in memory of Phyllis W. Brill
Anne Bryan
John M. Bryan Family Fund

John & Madolyn Buckless
- in honor of Robert Arsenneau
- in memory of Valerie Goodwin
- in memory of Daniel R. Flynn
Joan Buonomano & Thomas Reichheld
Karen Burgon
Denise & Michael Burke
John & Laura Cannon
Donald & Jessica Catino
Richard Corzatt & Nancy Euchner-Corzatt
Martha & Paul Cox and Family
Linda Cunningham
Harlan & Patricia Cutshall
Mike & Sue Daigle
Darcy Davidson & Bob Snover
Blair & Jeff Demers
Barbara Deuell & Peter Whitman
Chris Dwyer & Michael Huxtable
Phyllis Eldridge
Martin I. & Pauline G. Elkin Charitable Trust
David & Laura Falvo
Patricia Farr & Mathurin Malby
Drew & Lynn Fitch
Ross Gittell & Jody Hoffer Gittell
David & Kim Glendon
Herbert A. Grant & Iva B. Grant Charitable Trust
Mary Griffin
Pamela Hall
Mark Haller & Kathleen Lynch
- in honor of Will Schleyer
and Johnnie Christensen
Faith Harrington & Peter Lamb
Patricia & Robert Hickey
David Hills & Catherine McLaughlin-Hills
Gail & Neil Hiltunen
P. Darcy Horgan & Dennis Kleinman
Laurence & Suzanne Knowlton
- in honor of Will Schleyer
and Johnnie Christensen
Janet Laatsch
Albert & Ashley Lamb
John LeBlanc
Shaula & Dana Levenson
Andy Livingston & Donna Ryan
Ludes Family Foundation
The MacAlpine Family
Edward Momma
Jessica Moran
Cynthia Muse
Joan & Peter Neumann
Joan Neumann
NH Charitable Foundation
- Judith A. and Frank H. Jellinek Jr. Family Fund
- Irene U. Reynolds Fund
- Joseph G. and Jean E. Sawtelle Fund - FASB Restricted
Sharmila Patel
Kerry & Kimberly Pope
Kenneth & Rona Purdy
Carol & Kevin Rodenberg
Mike & Pam Ryan
Charles Samperiel Humanitarian Memorial Foundation
Jacalyn Sexton
Carter & Joshua Siegel
- in honor of Will Schleyer
and Johnnie Christensen
Lee & Perry Smith
- in honor of Lisa Hall
David & Maureen Staples
- in memory of Daniel R. Flynn
Helen B. Taft
Bob & Susan Thoresen
Kerri Turgeon
Nancy & Rodman VanSciver
Thomas Weber
Bruce & Vicky Whitney
The Allayne and Douglas Wick Foundation
Nancy Winthrop
Susan Zuckert
In Honor of Helen B. Taft
Anonymous friends (4)
Karin & Stephen Barndollar
Peter Bowman
Phyllis Eldridge
Annette Escalante
& Kristen McCracken

Theresa Haas
Barbara Henry & Nancy Winkley
Cathy & Skip Homicz
Patricia Locuratolo Hymanson
Judith Jellinek
Julia's Fund of the Maine Community Foundation
NH Charitable Foundation
- Geoffrey E. Clark & Martha Fuller Clark Fund
- HBA Fund
- Josephine A. Lamprey Fund
Charles & Susan Noon
Margery Johnson Prazar
Kathy & Peter Scheu
Dann & Georgette Shapiro
Maria Sillari & Greg Wool
Cynthia Taft - in honor of her sister, Helen Taft, and their parents, Jane and Winthrop Taft
James & Kathleen Williamson

Healthy Futures Leadership Society
Businesses, Foundations, Towns And Other Organizations

$75,000 and up
Foundation for Seacoast Health
Portsmouth Regional Hospital

$20,000 – $65,000
Exeter Hospital
NH Charitable Foundation
- Greater Portsmouth Rehabilitation Center Fund
- Oliver J. and Dorothy Penniman Hubbard New Futures Fund
United Way of the Greater Seacoast

$10,000 and up
Abenaqui Women's League
Anthem Blue Cross and Blue Shield Foundation
Bank of America
Charitable Foundation
Digital Prospectors
Eastern Bank
Charitable Foundation
Hampton (town)
LizFit
Newburyport Five Cents Savings Bank
Northeast Delta Dental Foundation
Piscataqua Savings Bank
Portsmouth (city)
Seacoast Fundraising, LLC

$5,000 and up
Anonymous friend (1)
The Agnes M. Lindsay Trust
Bishop's Charitable Assistance Fund
Bottomline Technologies
Exeter (town)
The Fuller Foundation
Liberty Mutual Insurance
Novacure
Seabrook (town)
TD Charitable Foundation

$2,500 and up
Bank of New Hampshire
CIT
Clark Insurance
Coastal Canine Resort
Coldwell Banker
Residential Brokerage
Community Church of Durham
- on behalf of the Justice and Witness Ministry
The Fabulous Find
Garrison Family Dental
Griffin Family Corporation
Lago’s Ice Cream
Lee (town)
Newman’s Own Foundation
NH Charitable Foundation
- Impax Asset Management Charitable Fund

NH Healthy Families
Rotary Club of Portsmouth
Seacoast Rotary Club
Stratham (town)

$1,000 and up
Anthem BCBS Medicare - East Atlantic Plastic Surgery Center
Chinburg Properties
Durham (town)
Eversource Energy
Granite Bay Wealth Management
Kennebunk Savings
Mchnir Foundation
Morgan Stanley
Wealth Management
NH Charitable Foundation
- NHCF Pass Through Grantmaking

Novacure
- on behalf of Anne & Mike Ambrogi
Optima Bank & Trust
Paul McInnis Inc.
PELMAC Industries
Peter G. Kasnet Inc.
The Provident Community Foundation
Rolling Green Nursery
Rosamond Thaxter Foundation
Rye (town)
South Church Unitarian Universalist
Sprague Operating Resources LLC
Tobey & Merrill Insurance
Unilt
Wild Adventurous Life
- on behalf of Raya Al-Hashmi

Healthy Tomorrows Legacy Society

Anonymous friends (3)
Clarke & Laurie Chandler
Geoffrey Clark
& Martha Fuller Clark
Harlan & Patricia Cutshall
Gerald Duffy & Effie Malley
Phyllis Eldridge
Barbara Franzoso
& Robert LeGros
Eugene & Susan Glick

Josephine A. Lamprey
Andy Livingston & Donna Ryan
Monica McCarthy
Ruth Mott
Cynthia Muse
Dan & Lisa Schwarz
Naomi & William Scott
Helen B. Taft

Planned gifts perpetuate our mission of a healthy Seacoast for generations to come. Call for details: (603) 422-8208 x144

Matt Parker Photos
Annual Fund

We thank the hundreds of individuals, families, businesses, cities, towns and organizations who made financial contributions to support our annual operations. While we wish we could list every donor’s name and are grateful for every donor’s support, space constraints limit the following list to those who contributed $100 to $999 in 2018.

Anonymous friends (63)
- in honor of Kim Nute (1)

- A, B –
Lynn Aaby & Alan Cronheim
Abraham Burtman Charity Trust
Mark Adamy
& Holly Lowe-Adamy
Adeline C. Marston School
Aetna Foundation, Inc.
Tyler Agnew
Donnajean Ahigian
& Jeffrey Gordon
Patricia Alandydy & Kevin Looser
Allegra Marketing Print Mail
Renee & Todd Allen
Sue Allen
Allergy Associates
  of New Hampshire
AmazonSmile Foundation
Ameriprise Financial
Robert Andelman
  & Kathryn Lynch
Matthew Anderson
  & Whitney Goode
Eric Andrews
Doreen & John Andriola
Barbara & Thomas Archibald
Deborah Avery
- in honor of Will Schleyer
  and Johnnie Christensen
R. Scott Bacon
- in honor of Daniel R. Flynn
Baker Newman Noyes
Jeffrey & Margaret Balboni
- in honor of Will Schleyer
  and Johnnie Christensen
John Bald & Cynthia Lord
Karen Bargin
- in honor of Will Schleyer
  and Johnnie Christensen
Christopher & Kulli Barrett
Mary & Timothy Barretto
- on behalf of the Lactation
  and Maternal Newborn Visit
  Programs at Wentworth-
  Douglass Hospital
Bob & Irene Batal
Cynthia & Robert Bear
- in honor of Will Schleyer
  and Johnnie Christensen
Judy Bergeron & Steve Marcotte
Cynthia Bishop-Alex
- in memory of Jacqueline A.
  Bishop
David & Sheila Bissonnette
Jude Blake
Daniel Blanchette
Margaret Blaudschun
Blue Cross Blue Shield
Blue Moon Evolution
Patricia & Robert Bogardus
Elisa Bolton & Michael Michaels
John & Nina Bottomley
- in honor of Will Schleyer
  and Johnnie Christensen
Lisa Bottomley
- in honor of Will Schleyer
  and Johnnie Christensen
Gail & Mark Boulanger
Arthur Bourne
- in memory of Daniel R. Flynn
Peter Bowman
Paula & Stuart Boxer
Boynton, Waldron, Doleac,
  Woodman & Scott, PA
Peter Braddock
Elizabeth Breen
- in honor of Will Schleyer
  and Johnnie Christensen
Francis Breen
Jill Breneman
Carl Brigada, Jr.
Jackie & Robert Brisebois
Helen Brock & Doug Knight
Hilary Brown
Stephanie Brown
Colleen Buckless
- in honor of Kathryn Goodwin
  Adams, Valerie Goodwin, and
  Madolyn Buckless
Mary Valerie Buckless
- in honor of Avis L. Goodwin
  (Grandy)
Rodney Burdette
Betty & Michael Burnell
- in honor of Will Schleyer
  and Johnnie Christensen
Eugene Buzderezvicz

- C –
Harold & Sheila Cail
Jeffrey Calder
Brian & Kim Campbell
Dan & Joyce Cappiello
Carolyn C. Chase, DMD
  & Associates
Helene & Paul Cass
CGI Employee Benefits Group
Ida Choy
Citizens Charitable Foundation
Pam & Tom Clairmont
Jennifer & Peter Clark
Donna Claveau
Burton Cohen
  & Patricia Scholz-Cohen
Chris & Roddy Cole
Catherine Colotti
- in memory of Dorothy
  Henshon
ConvenientMD
Cornerstone Financial
  Planning, LLC
Jennifer & John Cosco
Lance & Patricia Cramer
E. J. Creighton
Jose Cuevas
Ann & William Cummings
Claudia & Scott Cunningham

- D, E –
James & Maryann Daly
DARCI Creative
Dead River Company
Rich’s Story

At age 60 and with no risk factors, Rich began having a tightness in his chest when he exerted himself. He thought he was just out of shape. When several heart and lung tests found nothing wrong, Rich was ready to accept the tightness as his new normal.

But his physician, Dr. Joann Buonomano, was not. “She said, ‘I’m not comfortable with this’ and had this look on her face,” Rich says. She sent him to the hospital for a stress test, which led to discovery of a blockage, an attempt to place a stent that had to be abandoned and, finally, to open-heart surgery that Rich believes saved his life. “That’s the value of knowing the patient and their eight different types of chest pain,” says Dr. B.

“I thought, ‘I must be just getting old and this is just what it is going to be like.’ I was ready to say let’s forget it. But Dr. B persisted. She took so much time and interest in looking at everything.”
Jacqueline & John Kennedy
Kitty Coffee House
Dara Klein
- in memory of Harry Klein
Griffin Knowlton
- in honor of Will Schleyer
and Johnnie Christensen
Sarah Knowlton
Cynthia & James Kobylarz
Elizabeth & Kurt Korn
Robert Kraunz
David & Mary Krempels
Cecily & John Lachapelle
Lagcheck Realty LLC
Nancy Lambert & Martin Lee
John & Lelia Lamson
Scott Lang
Albert & Holly Lantinen
Patricia Laska
& Kenneth St. Hilaire
Michael Lassel
& Rena Schneibel-Lassel
Laura Lavoie
Law Offices of Stephen C. Brown
& Associates
Sharon Lawson
Jeanette Leitner
- in memory of Daniel R. Flynn
Laurie LeMay
- in memory of Daniel R. Flynn
Donna & Stuart Leverson
The Library Restaurant
Andrew & Donna Lietz
Stanley & Martha Livingston Fund
of the Rhode Island Foundation
Jean & Thomas Loiselle
Louis F. Clarizio Oral Surgery
& Dental Implant Center
Jody Low
Jean & Melvin Low
- in memory of Sandy Sherman

- M -

The MacAlpine Family
- in honor of Will Schleyer
and Johnnie Christensen
Brian & Kelly Mackey
Madden Realtors
Jaqueline Mahoney
Mary Mahoney Revocable Trust
Maller Foundation
Ed & Fran Mallon
Holly Ayer Malloy
Ann Malpass
- in honor of Will Schleyer
and Johnnie Christensen
Linda & Warrington Malpass
Sally & Tony Manfredi
Linda & Vincent Marconi
Kirsten & William Marella
Aimee Margolis
- in honor of Adam M. Hoskin
Denise & Frank Martel
Debora & John Mayer
Steven Mayer
David & Nancy Mc Ardle
Virginia McCann
- in honor of Will Schleyer
and Johnnie Christensen
A. M. & Garvin McCurdy
Ann & Edward McDermott
Charles & Nancy McDevitt
Ida & Michael McDonnell
Shawn McKay
Scott McKee
McLane Middleton
Kathleen & Scott Quade
- in honor of Will Schleyer
and Johnnie Christensen
Tracey Melchior
Robert & Susan Mennel
Kathleen Miller
Brian & Cynthia Mitchell
Jenny Moriarty
- in honor of Will Schleyer
and Johnnie Christensen
Myles Moriarty
James & Jennifer Morriss
Kate & Tomasz Motor
Jeff & Karen Mountjoy
Moxy
Lennie Mullaney
Brian & Lisa Murphy
- in memory of Daniel R. Flynn
– N, O, P –
Robert & Susan Nalewajk
Susan & Walter Neff
Doug & Karin Nelson
- in honor of Will Schleyer
and Johnnie Christensen
New Castle (town)
New Castle Congregational
Church Guild
New Castle Volunteer
Fire Fighters Association
New England Tutors, LLC
NH Charitable Foundation
- Altus Engineering
Charitable Fund
- Comklin Family Fund - in honor
of Will Schleyer and Johnnie
Christensen
- Wesely Gardner
Charitable Fund
Max Nibert
Denise & Thomas Nies
Elizabeth & Eric Nordgren
North Church of Portsmouth
Northeast Credit Union

Northeast Delta Dental
Foundation
- in memory of Daniel R. Flynn
- in honor of Will Schleyer
and Johnnie Christensen
Ann O’Connor
- in honor of family and friends
Hallory Oberg
P. Kevin O’Brien
Joan O’Neil
- in honor of Will Schleyer
and Johnnie Christensen
Sandra Osborne
O’Sullivan Family
Overeaters Anonymous
Jane & Samuel Page
Walter Page
Jeffrey & Mary Ellen Palmer
Cheryl Parker Wadas
& Donald Wadas
Judith Parks
Ronald Pascale
& Kathleen Rockwood
Ann Peter
- in memory of Lindsay Josephs
- in memory of Sandy Sherman
Nancy & Walter Pierce
Andrea & Bill Pierce
Piscataqua Savings Bank
- in memory of Sandy Sherman
Carol & Charles Poor
Portsmouth Harbor Cruises
Portsmouth Radiological PA
Margery Johnson Prazar
Deborah & Jeffrey Purcell

– Q, R –

James Queenan
Jennifer & Paul Quirk
Raiche & Company CPAs, PA
Annie & Michael Rainboth
Babu & Prem Ramdev
David & Naomi Rather
Vicky Ready

Michael Reardon
Regal Limousine Service
Regeneration Realty Trust
Catherine & James Reilly
Catherine & Stephen Reno
Frederic & Jane Reynolds
Hap & Susan Ridgway
- in honor of Will Schleyer
and Johnnie Christensen
Douglas Roberts
Rockingham Electrical
Supply Company
Allan Rogers
Anne Romney
Kathleen & Ralph Ross
Kenneth Rotner
& Tracy Schroeder
Donna & Mark Rudy
- in honor of Will Schleyer
and Johnnie Christensen
Adam & Reagan Ruedig
Rye Airfield

– S –

Safran Aerospace Composites
Michelle Saidel
- in memory of Sandy Sherman
Richard Salvati
Linda Sanborn
Gail & Jim Sanders
John & Joyce Schleyer
Ira & Jennifer Schwartz
Sea Dog Brewing Company
Seacoast Endodontic Associates
- in honor of Dr. Brian Breslin
Seacoast Mental Health Center
Seascape Capital Management
- in memory of
Prudence M. Herendeen
Jeffrey & Stacey Segil
Service Credit Union
Stefany Shaheen & Craig Welch
Jane Shanahan
Christine & Kevin Shannon
Dann & Georgette Shapiro
Barbara Shea-Smucker
& Bill Smucker
Kevin & Sara Sheedy
We thank the supporters of SOS, which has recovery centers in Dover and Rochester. While we are grateful for every donor’s gift, space constraints limit the following list to those who contributed $100 or more to SOS in 2018.

$100,000
Wentworth-Douglass Hospital

$2,000 – $5,000
Holy Rosary Credit Union
Kennebunk Savings
TURBOCAM Automated Production Systems

$1,000 and up
Anonymous friend (1)
Above the Noise Foundation
Martha & Paul Cox and Family
First Parish Church
Harvard Pilgrim Health Care
NextGen America
NH Healthy Families
Northeast Delta Dental
Rochester (city)
St. John’s United Methodist Church
WellCare Health Plans

$100 to $999
Anonymous friends (9)
Abraham Burtman Charity Trust
Addiction Recovery Services
Susan & Derek Abl
Ambrosia Treatment Center
Aware Recovery Care Inc
Bonfire Recovery Services
Deirdre Boryszewski
Dan & Joyce Cappiello
John Carberry
Carroll-Strafford Assn, UCC
Katherine Cox & Jason Lacey
Dennis Munson Plumbing
& Heating
D.F. Richard Energy
Dover Adult Learning
Eastseals New Hampshire
First Congregational Church
Ralph Fletcher
& JoAnn Portalupi

Alicia Goodwin
Granite Recovery Centers
Groups Recover Together
William Gunn
Joe & Michelle Hannon
Barbara Holstein
Hope on Haven Hill
Heather James
John Joyal
Janet Laatsch
Tammie Lassonde-Gerwitz
Robert Lee
Charles & Derral Mancuso
Jane Maranhas
Mary Hitchcock Memorial Hospital
The Metrosa
Mr. Electric
New England Tutors, LLC
New Futures

Newburyport Five Cents Savings Bank
NextPhase Medical Devices
Kerry & Russ Norton
People’s United Bank
Patrick & Rene Philpott
The Process Recovery Center
Profile Bank
ROAD To A Better Life
Rochester Rotary Charities
James & Mary Ellen Ryan
Dan Sandven
Slangin Hope Radio
Sober Sisters Recovery
Southeastern NH Alcohol & Drug Abuse Services
David & Maureen Staples
Triangle Club
White Horse Addiction Center
The Banff Centre Mountain Film Festival takes the top films from its festival in Banff, Canada, and brings them to The Music Hall every March. Guests are captivated by breathtaking imagery and heart-pounding adventures. In 2018, the festival raised more than $38,000 for Greater Seacoast Community Health.

Runners and walkers of all ages celebrate fathers and father figures at our Father’s Day 5K in Dover. In 2018 the race raised $44,000 to benefit our Seacoast neighbors. For more information or to register for this year’s race, visit GoodwinCH.org.

Every year, artists throughout the Seacoast submit their work to be considered for a spot in our beautiful Artists of the Seacoast calendar. Since 1996, proceeds from sponsorships, donations and calendar sales have helped us provide comprehensive health and family services.

In 2018, 114 people donated a total of 3,679 hours, valued at over $112,000. We appreciate and thank them all. Community Partners held fundraisers or donated a portion of sales to us.

### Clinical Volunteers
- Andrew Allen
- James Belanger, FAAO
- Rodney Burdette, DDS
- Catherine Casey-Flavin, RN
- Barbara Deuell, MD
- Presley Dickson, OD
- Kevin Dugas, DMD
- Lauren Grady, RN
- Craig Hartenstein, OD
- Neil Hiltunen, DMD
- AJ Homicz, DDS
- Christopher Martino, DO
- Joyce O’Reilly, RN
- Amy Pruszynski, OD
- Amanda Rose
- Stephan Smith
- Steven Smith, DDS
- Peter Thomas, DMD
- Randy Tompkins
- Holly Zurer

### Discounted Services
- Atlantic Digestive Specialists
- Back To Roots
- Chiropractic & Nutrition
- Community Partners
- Durham Chiropractic
- Eyesight Ophthalmic Services
- Graphic Details, Inc.
- Image Arts etc.
- Jordan Family Eyecare
- NorDx
- Quest Diagnostics
- Reddy Family Chiropractic
- Seacoast Dental Implant & Oral Surgery Center
- Seacoast Radiology
- Somersworth Physical Therapy

### Professional Services
- Donated at least 10 hours
  - Dick Chamberlain
  - Chick Photography
  - Good Idea Design/Nikki Savramis
  - Charles LaFreniere, OD
  - Matt Parker Photos

### 100+ Hour Club
- Chelsea Brown
- Cathy Casey-Flavin
- Phyllis Eldridge
- Laura Falvo
- Gene Grossi
- Lisa Hall
- Carol Hawks
- Connie Jones
- Tracey Lyras
- Arnold Silverstone
- Barbara Silverstone
- Matthew Stevens
- Sharon Stilson

### Community Partners
- Abenaqui Women’s League
- Adeline C. Marston School
- AmazonSmile Foundation
- Coldwell Banker
- Residential Brokerage
- Diversions Puzzles & Games
- The Fabulous Find
- Federal Savings Bank
- Flatbread Company - Portsmouth
- G. Willikers!
- Hannaford Supermarket
- Kittery Coffee House
- Lago’s Ice Cream
- LizFit
- Moxy
- Provident Community Foundation
- Rolling Green Nursery
- Seacoast Fundraising, LLC
- South Church
  - Unitarian Universalist
- Sprague Operating Resources LLC
- Wild Adventurous Life
Looking Ahead

Children
At Lilac City Pediatrics we are introducing onsite behavioral health clinicians to expand access to integrate behavioral health in a pediatric setting. Our behavioral health clinicians are able to meet with children or families the same day the children are in for medical visits. They help children who are struggling with anxiety, depression, trauma, ADHD and other issues, sharing resources along with interventions that can decrease symptoms. This better allows pediatricians to focus on medical care and to support medication management for mental and/or physical diseases that impact mental health for children and families. We are pleased to be expanding our integrated model of care to our younger population at Lilac City Pediatrics.

Families
Our Family Center, which has provided home visiting, parent education, playgroups and support groups in the Portsmouth region for 30 years, is now expanding into Strafford County. Programming will begin with home visiting offered at no charge to struggling families, a new Family Morning Out program in Somersworth, and new parenting classes with free child care. In the first few months that these programs were offered in Somersworth, we saw 63 visits to parent groups, family programs and child care.

Partners
Goodwin Community Health and Community Partners, the agency that provides behavioral and developmental services in Strafford County, will launch an initiative funded by the U.S. Substance Abuse and Mental Health Services Administration to integrate physical and behavioral health care. Services will be designed to improve the health and wellness of people ages 16 to 35 who have severe emotional disturbance and/or severe mental illness coupled with co-occurring physical health conditions. The partnership will allow for a seamless approach of offering behavioral health while simultaneously addressing co-occurring health problems, chronic diseases and/or substance misuse disorders. This important partnership will support the well-being and long-term prognosis of the individuals and help lower costs for the health care system in our county and state.

“Everyone is always helpful with my family. They take care of me and take my concerns seriously. It makes me feel safe.”
Greater Seacoast Community Health

Our Mission
To deliver innovative, compassionate, integrated health services and support that are accessible to all in our community, regardless of ability to pay.

Our Vision
To provide everyone in our community an opportunity to live a long and healthy life.

Our Values
Compassion, Respect, Integrity, Collaboration, Excellence
Supporters

July 1 – December 31, 2017

With the merger of Families First and Goodwin Community Health on January 1, 2018, came a change of fiscal year to coincide with the calendar year. Therefore, no annual report was published that covered the last six months of 2017.

These pages list the donors who gave to Families First, Goodwin Community Health or both during that six month time period. We are grateful for the support of our generous community.

Healthy Futures Leadership Society

Individuals, families, businesses and other organizations who gave $1,000 or more from July 1 through December 31, 2017.

$50,000+
- New Hampshire Charitable Foundation
- Thomas W. Haas Fund

$20,000 and up
- Anonymous friends (2)
- NHN Foundation
- New Hampshire Charitable Foundation
- Seacoast Fundraising, LLC

$10,000 and up
- Anonymous friend
- Bank of New Hampshire
- Cliff Hendrix
- Coldwell Banker Residential Brokerage
- Daphne Bush
- David Hills & Catherine McLaughlin-Hills
- David P. & Susan Jean McLean
- Dennis & Christina Dehn
- Donato & Joan Sisto
- Dorothy & George Hilles
- Edward & Mary Tate
- Eric & Jen Chinburg
- Eversource Energy
- Fien & Christina Wystanka
- George & Mary Donovan
- Hesed Foundation
- Hurley Foundation
- Ira & Rose Hausmann
- John & Mabel Healy Tillinghast Memorial Fund
- John & Susan Battye
- Lee & Perry Smith
- Ludes Family Foundation
- Margaret & Gregory Brown
- Michael & Lorraine Baker
- NHTS Partners
- New Hampshire Charitable Foundation
- Newburyport Five Cents Savings Bank
- Piscataqua Savings Bank
- Alan & Sharon Weston

$2,000 and up
- Anonymous friends (2)
- Amadeus Hospitality
- Gail & Robert Brown
- Anne Bryan
- Denise & Michael Burke
- Donald & Jessica Catino
- Eric & Jen Chinburg
- Heath & Jonathan Clark
- Coldwell Banker
- Residential Brokerage
- Richard Dumler & Mary Reid
- Barbara & David Dunfee
- Eileen & Robert Eberhart
- Phyllis Eldridge
- Eversource Energy
- Bette & David Fitts
- The Fuller Foundation
- David & Kim Glendon
- Valerie Goodwin & Alan Guy
- Griffin Family Corporation
- Hampton Free Medical Clinic
- Lagos Ice Cream
- Lee (town)
- Dexter & Ellen Legg
- Doug & Karin Nelson
- David & Dianne Ness
- New Hampshire Charitable Foundation
- Jo Ann and David Hampton Family Charitable Fund
- Judith A. and Frank H. Jellinek Jr. Family Fund
- Patricia C. and Kenneth R. Kendall, Jr. Fund
- John and Mabel Healy Tillinghast Memorial Fund
- Phi Sigma Sigma
- The Provident
- Community Foundation
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- Dan & Lisa Schwarz
- Seabrook (town)
- David & Maureen Staples
- Lex Scourby
- Mary Jane & Robert Solomon
- Mark & Sally Stebbins
- Stratham (town)
- Nate & Rachel Swanson
- Walmart (Raymond)

$1,000 and up
- Anonymous friends (3)
- Abraham Burtman Charity Trust
- Amy Bailey & Mark Harrison
- Jeffrey & Margaret Balboni
- John & Susan Battye
- Gail & Tom Beamer
- /The Gleason Family Fund
- Dave & Diane Berkowitz
- Ashley & Lisa Brown
- Karen Burgon
- Bill & Cindy Burke
- Barbara Caswell
- James & Lois Champy
- Community Church of Durham
- Cook Family Foundation*
- Richard Corzatt & Nancy Euchner-Corzatt
- Martha & Paul Cox and Family
- Darcy Davidson & Bob Snover
- June N. Dysinger
- Patricia Farr & Mathurin Malby
- Drew & Lynn Fitch
- Garrison Family Dental*
- Jay Gould
- Gege & Gerard Green
- Greenland Women's Club
- Pamela Hall

- David Hills
- & Catherine McLaughlin-Hills
- - in honor of Kay Towle
- Gail & Neil Hiltunen
- Catherine Hunt
- Philip Hatcher & Margareth Kieschnick
- Laurence & Suzanne Knowlton
- Sarah Knowlton
- Albert & Ashley Lamb
- Ludes Family Foundation
- The MacAlpine Family
- Jaqueline Mahoney
- Ed & Fran Mallon
- Mark McCue & Mary Pasciucco
- Jessica & Paul McKeon
- Jeff & Karen Mountjoy
- Cynthia Muse
- New Hampshire Charitable Foundation
- Ouellett and Furbush Family Fund
- Sharmila Patel
- Paul McNamara Inc.
- Marianne Pernold
- Russell & Susan Prescott
- Christine & Theodore Ristaino
- Rotary Club of Portsmouth
- Mike & Pam Ryan
- Sam's Club
- Naomi & William Scott
- Donato & Joan Sisto
- Lee & Perry Smith
- - in honor of Lisa Hall
- Edward & Mary Tate
- Bob & Susan Thoresen
- Thomas Weber
- The Allayne and Douglas Wick Foundation
- Nancy Winthrop

Addendum

- *Gift made to Goodwin Community Health (pre-merger).
- **Gift made to both organizations (pre-merger).
- All other gifts were made to Families First.
Annual Fund

We thank the hundreds of individuals, families, businesses, cities, towns and organizations who made financial contributions to support our annual operations from July 1 through December 31, 2017. While we wish we could list every donor’s name and are grateful for every donor’s support, space constraints limit the following list to those who contributed $100 to $999.

*Gift made to Goodwin Community Health (pre-merger).
**Gift made to both organizations (pre-merger).
All other gifts were made to Families First.

Anonymous friends (46)
- in honor of Kim Nute (1)
- in honor of Hannah Rothermel (1)
– A, B, C –
Lynn Aaby & Alan Cronheim
Kathryn & Roland Adams*
Mark Adamy & Holly Lowe-Adamy
Donnajean Ahigian & Jeffrey Gordon
Janet Allaire & Marc Greer*
Carol Allen
Sue Allen
AmeriGas Propane*
Robert Andelman & Kathryn Lynch
Matthew Anderson & Whitney Goode*
Lee & Leo Appel
Appledore Medical Group
ARQ Architects - Paul Bonacci & Lucinda Schlaffer
Baker Newman Noyes
- in memory of Angela Brock
Maureen Baldwin & Ellie Sexton
Ana Barndollar & Julian Frey
Christopher & Kulli Barrett
Mary & Timothy Barretto**
Elyse Barry & Leonard Korn
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BB Bayerle & Tom Newbold
Judy Bergeron & Steve Marcotte
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Elisa Bolton & Michael Michaels
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Lisa Bottomley
Lynne & Stephen Bottomley
Peter Braddock
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Jennifer & Peter Clark
Mary Clark*
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Catherine Colotti
- in memory of
Dorothy Henshon
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E. J. Creighton
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- in honor of Donna Ryan and Ann Kendall
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– D, E –
James D'Angelo
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Dogwood Farm & Garden
Jillian & Keith Dominick
John Dowd
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Frank Drake
Grant & Karina Drumheller
Gerald Duffy & Effie Malley
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Amy Dutton Murph
& Brooks Murph
Dorothy & Philip Dyer
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Barbara Fitzgerald
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Catherine & David Flavin
- in honor of Mr. and Mrs. Stuart Flavin
Jo-Anwyl Foster Keefe
Barbara Franzoso & Robert LeGros
The Fredette Family*
Helen Freear-Papio
Stephen Froliking & Joanna Wicklein
- in honor of Helen Taft
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Sam Bourns & Diana Getman
Beverly Giblin
Gary Goldstein & Donna Lee
Toby Gordon
Gorman Family
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Deborah Grasso
Cornelia Gray
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Judd & Kathy Gregg
Michele Grennon
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William Gunn
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ML Hannay
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Chris & Sara Nee
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Libby Rust
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- in honor of Bill and Mary Schleyer, and in memory of “Marge” Schleyer, Paul Schleyer, and “Jennie” Zygalia
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Dann & Georgette Shapiro
Jenny Sheehan
Laura & Ronald Sher
Lisa & Thomas Sherman
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- on behalf of Susan Beck and Bob Horton & Rose Mallon
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Stacey Smith
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Philippa Stratton
Lisa & William Strouss
Erica Sugarman
Eileen & William Sutherland
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- in loving memory of Michael V. Svisky
Anna Swanson
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Anne Whitney
John Wicklein
Winn Rebekah Lodge 26
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Barbara & Joseph Yergeau
Danna & William Truslow
Janet Tucker
Lea & Paul Tung
Kerri Turgeon*
Susan Turner
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Jim & Susan Varn
John & Julia Ver Ploeg
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James Verschuuren*
Andrea & Robert Vibbert*
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Antje Themlitz
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Juanita & Ronald Weeden*
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Randy & Ronnie Werner
Jeanne & Steven Westcott
C. White
Anne Whitney
John Wicklein
Winn Rebekah Lodge 26
David & Margaret Witham
Wynbrandt/Brumell Family
- in memory of Lindsay Josephs
Barbara & Joseph Yergeau