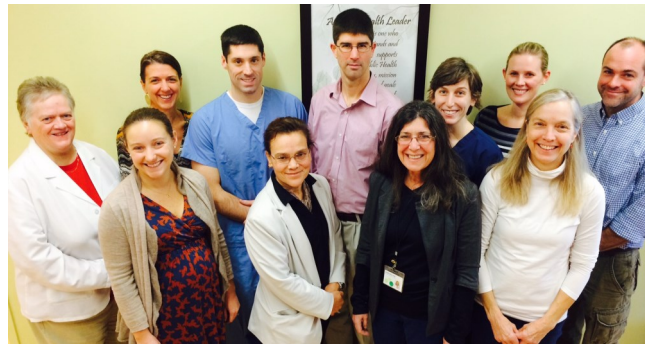




Comprehensive Health Care Under ONE Roof

We provide an array of health care services that focus on treating the whole person from infancy into adulthood. Goodwin is a one-stop health care facility that makes quality care affordable for all. Goodwin Community

Health is a Level 3 Certified Medical Home which is the top recognition for patient-centered and integrated health care services. Our integrated services include: primary care for all ages, dental health, prenatal, behavioral health, family planning, prevention and treatment resources for substance misuse, WIC, an onsite Nordx lab, and coming in Fall 2015... a pharmacy.



Goodwin Community Health is the only non-profit Community Health Center serving the Greater Strafford County area of New Hampshire and Maine. We make it affordable for local people to access the wellness services and quality primary care that lead to good physical, prenatal, dental, and behavioral health. Goodwin Community Health operates on the same principles Mrs. Avis Goodwin started the organization on 46 years ago, "everyone deserves access to quality health care, at an affordable price...."



Walk-In Service for Minor Illness & Injury

Wake up sick? Walk on in!

Walk-in hours Monday-Friday 8:00am-3:30pm
and Saturdays 8:00am-11:30am

Dental Center stand-by hours Monday-Friday
8:00am-11:00am

- Six mornings a week, you can be seen without an appointment for minor illnesses and injuries.
- You must already be established as a patient to use this service.
- Examples of walk-in appointments include: cough, congestion, ear-ache, conjunctivitis, rash, urinary tract infection, sinus infection, allergies, and minor injuries.

Need Insurance?

There are programs available that are more affordable than you may think, some even at no cost. Our onsite enrollment specialists can walk you through the Affordable Care Act and the NH Health Protection Plan. Make an appointment to meet with one of our specialists to learn more about your options for getting health insurance.

Contact Us Today

Monday, Wednesday, Friday 8:00am-5:00pm
Tuesday & Thursday 8:00-7:00pm
Saturday 8:00-12:00pm

Appointments (603) 749-2346

WIC (603) 332-4358

CSFP (603) 994-6368

www.GoodwinCH.org



Our mission is to provide integrated, comprehensive, quality health care, serving all in our community and based on ability to pay.

NEW PATIENTS WELCOME!

311 Route 108, Somersworth, NH 03878

(603) 749-2346 GoodwinCH.org

PRIMARY CARE

Our medical staff is dedicated to giving the quality care you deserve. Each medical provider has a team of health care professionals including medical assistants, a nurse and a social worker that provide care coordination around your physical and emotional health and wellbeing. From infants, kids, teens, adults and seniors, the providers at Goodwin Community Health specialize in offering quality medical care for all stages of life. The primary care practice is fully integrated and offered together with a host of additional health programs to offer you a true, all in one, Medical Home.



THE GOODWIN DENTAL CENTER

Goodwin Community Health offers integrated comprehensive dental services to both children and adults. Our 3 dentists and their staff provide access to preventative and primary oral health care. Services include exams, cleanings, oral hygiene instructions, fluoride treatments, digital x-rays, oral cancer screenings, amalgam and composite fillings, extractions, dentures and limited crowns and root canals.

Dental stand-by hours Monday-Friday 8:00-11:00am on a first come first serve basis



PRENATAL

Our prenatal team uses a comprehensive, friendly approach, individualizing each woman's care. Our providers, registered nurses, nutritionists, social workers and breastfeeding peer counselors offer support and resources. After delivery, mom and baby can continue to receive care at Goodwin Community Health as a family unit. An onsite Child Development Specialist through the Baby Steps Program is available to work with new parents to provide education, skills and strategies to care for their children.



FAMILY PLANNING

We provide men & women access to reproductive health care regardless of ability to pay. This includes confidential counseling, screening and treatment for reproductive/sexual health needs. Services include: education on reproductive care, domestic violence/sexual assault services and confidential HIV counseling & testing.

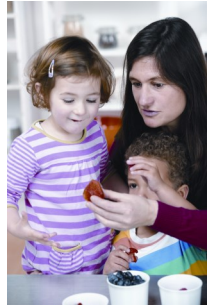
TEEN CLINIC

Every Tuesday 3:00-6:00pm

This **anonymous** clinic is for both male and female teens that are looking for birth control, education on sex, healthy relationships, sexually transmitted diseases (STD's) and more. Appointments recommended but not required, Bring a friend! Testing and treatment is available for STD's. Follow our Teen Clinic page on Facebook.

WOMEN, INFANT & CHILDREN (WIC)

Goodwin Community Health has an onsite WIC department that offers nutrition services to income eligible women, infant and children (under 5) in Strafford & Carroll County. Services include offering healthy foods, nutrition counseling, breastfeeding support and referrals to help support your child's growth and development.



COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

Commodity Supplemental Food Program (CSFP) is a food and nutrition program for seniors 60 years or older and supplies USDA shelf stable foods for income eligible participants.

BEHAVIORAL HEALTH

Every patient has access to our quality mental health services through our on site behavioral health specialists. Some of the services we offer include counseling for depression, anxiety, PTSD, grief, alcohol and substance use and parenting challenges.

SPECIAL PROGRAMS FOR THE UNINSURED

Breast and Cervical Cancer Program (BCCP)

We are part of the Let No Woman Be Overlooked Breast and Cervical Cancer screening program. The program provides FREE screenings for qualified women without health insurance.

Medication Assistance Program (MAP)

MAP helps qualified patients afford their prescription medication.