

A GREAT WAY TO LOSE WEIGHT.

A GREAT DAY TO START.

FLEXIBLE SOLUTIONS TO HELP YOU REACH YOUR WEIGHT-LOSS GOALS.



WEIGHT WATCHERS MEETINGS WITH MONTHLY PASS*

- > Guidance from a leader and support from people like you
 - > Convenience to attend At Work meetings** and unlimited local meetings
 - > Free eTools, the Internet companion to meetings
 - > Automatically renews each month
- Available in participating areas only.*

WEIGHT WATCHERS ONLINE†

- > Follow the plan at your own pace anytime, anywhere
- > Tailored sites that serve the unique needs of men and women
- > Automatically renews each month



Learn more.

Weight Watchers at Work Series SEEKS MEMBERS! Join Us!
CONTACT: GOODWIN COMMUNITY HEALTH, 311, ROUTE 108
Meetings will be on Mondays at 12:30 as soon as we have 20
registered, at 11 right now! Call Sherry at 516-2570 with questions.
[HTTPS://wellness.weightwatchers.com](https://wellness.weightwatchers.com)
Company ID: 53182 Company Passcode: WW53182



* Monthly payment is required in advance. You will automatically be charged each month in accordance with your company pricing until you cancel. Monthly Pass is sold in participating areas only; may not be accepted for local community meetings and/or At Work meetings in all areas.

** Available only in participating areas in the U.S. Minimum enrollment required to start an At Work meeting, minimum attendance required to maintain the At Work meeting.

† You will be automatically charged each month for your Weight Watchers Online subscription in accordance with your company's pricing until you cancel.

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